

MONDAY

31

TUESDAY

1

Main Entrees

- Baked Ham
- Tater Tots
- Sliced Whole Grain toast
- Frosted Fudge Pop-Tart
- Crackers, Graham, 2 Ct

Fruit & Vegetable Bar

- Chilled Diced Pears
- Grape Juice

Milk & Condiments

- Chocolate Skim Milk
- 1% Lowfat Milk
- Strawberry Skim Milk
- Jelly, Assorted

WEDNESDAY

2

Main Entrees

- Whole Grain Waffles
- Strawberry Banana Trix Yoplait
- Honey Graham Crackers

Fruit & Vegetable Bar

- Fresh Orange Wedges
- Orange Juice

Milk & Condiments

- Chocolate Skim Milk
- 1% Lowfat Milk
- Strawberry Skim Milk
- Jelly, Assorted
- Breakfast Syrup

THURSDAY

3

Main Entrees

- Double Chocolate Chip Muffin
- Sliced Whole Grain Cinnamon Toast
- Chocolate Chip Oatmeal Bar
- Crackers, Graham, 2 Ct

Fruit & Vegetable Bar

- Chilled Peaches
- Apple Juice

Milk & Condiments

- Chocolate Skim Milk
- 1% Lowfat Milk
- Strawberry Skim Milk
- Jelly, Assorted

FRIDAY

4

Main Entrees

- Sausage Biscuit Sandwich
- Cocoa Puffs Cereal
- Honey Graham Crackers

Fruit & Vegetable Bar

- Sliced Banana
- Grape Juice

Milk & Condiments

- Chocolate Skim Milk
- 1% Lowfat Milk
- Strawberry Skim Milk
- Jelly, Assorted

7

Main Entrees

- Chicken Biscuit Sandwich
- Cinnamon Toast Crunch Cereal
- Honey Graham Crackers

Fruit & Vegetable Bar

- Blueberries
- Apple Juice

Milk & Condiments

- Chocolate Skim Milk
- 1% Lowfat Milk
- Strawberry Skim Milk
- Jelly, Assorted

8

Main Entrees

- Blueberry Muffin
- Sliced Whole Grain Cinnamon Toast
- Frosted Strawberry Pop-Tart
- Crackers, Graham, 2 Ct

Fruit & Vegetable Bar

- Chilled Diced Pears
- Grape Juice

Milk & Condiments

- Chocolate Skim Milk
- 1% Lowfat Milk
- Strawberry Skim Milk
- Jelly, Assorted

9

Main Entrees

- Pancakes
- Cocoa Puffs Cereal
- Honey Graham Crackers

Fruit & Vegetable Bar

- Fresh Orange Wedges
- Orange Juice

Milk & Condiments

- Chocolate Skim Milk
- 1% Lowfat Milk
- Strawberry Skim Milk
- Jelly, Assorted

10

Main Entrees

- Pork Sausage Patty
- Cheesy Grits
- Sliced Whole Grain toast
- Granola Bar Variety Pack
- Honey Graham Crackers

Fruit & Vegetable Bar

- Chilled Peaches
- Apple Juice

Milk & Condiments

- Chocolate Skim Milk
- 1% Lowfat Milk
- Strawberry Skim Milk
- Jelly, Assorted
- Breakfast Syrup

11

Main Entrees

- Sausage Biscuit Sandwich
- Lucky Charms
- Honey Graham Crackers

Fruit & Vegetable Bar

- Sliced Banana
- Grape Juice

Milk & Condiments

- Chocolate Skim Milk
- 1% Lowfat Milk
- Strawberry Skim Milk
- Jelly, Assorted

14 Main Entrees • Chicken Biscuit Sandwich • Trix Cereal • Honey Graham Crackers Fruit & Vegetable Bar • Blueberries • Apple Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted	15 Main Entrees • Baked Ham • Tater Tots • Sliced Whole Grain toast • Frosted Fudge Pop-Tart • Honey Graham Crackers Fruit & Vegetable Bar • Chilled Diced Pears • Grape Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted	16 Main Entrees • Whole Grain French Toast Sticks • Lucky Charms • Honey Graham Crackers Fruit & Vegetable Bar • Fresh Orange Wedges • Orange Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted • Breakfast Syrup	17 Main Entrees • Scrambled Eggs • Cheesy Grits • Sliced Whole Grain toast • Chocolate Chip Oatmeal Bar • Honey Graham Crackers Fruit & Vegetable Bar • Chilled Peaches • Grape Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted • Breakfast Syrup	18 Main Entrees • Sausage Biscuit Sandwich • Cinnamon Toast Crunch Cereal • Honey Graham Crackers Fruit & Vegetable Bar • Sliced Banana • Grape Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted
21 Main Entrees • Chicken Biscuit Sandwich • Cinnamon Toast Crunch Cereal • Honey Graham Crackers Fruit & Vegetable Bar • Blueberries • Apple Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted	22 Main Entrees • Blueberry Muffin • Baked Ham • Cocoa Puffs Cereal • Honey Graham Crackers Fruit & Vegetable Bar • Chilled Diced Pears • Grape Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted	23 Main Entrees • Pork Sausage Patty • Cheesy Grits • Sliced Whole Grain toast • Cinnamon Toast Crunch Cereal • Honey Graham Crackers Fruit & Vegetable Bar • Fresh Orange Wedges • Orange Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted	24 Main Entrees • Pancakes • Cocoa Puffs Cereal • Honey Graham Crackers Fruit & Vegetable Bar • Chilled Peaches • Apple Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted • Breakfast Syrup	25 Main Entrees • Sausage Biscuit Sandwich • Cinnamon Toast Crunch Cereal • Honey Graham Crackers Fruit & Vegetable Bar • Sliced Banana • Grape Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted
28 Main Entrees • Chicken Biscuit Sandwich • Lucky Charms • Honey Graham Crackers Fruit & Vegetable Bar • Blueberries • Apple Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted	29 Main Entrees • Baked Ham • Tater Tots • Sliced Whole Grain toast • Frosted Fudge Pop-Tart • Crackers, Graham, 2 Ct Fruit & Vegetable Bar • Chilled Diced Pears • Grape Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted	30 Main Entrees • Whole Grain Waffles • Strawberry Banana Trix Yoplait • Honey Graham Crackers Fruit & Vegetable Bar • Fresh Orange Wedges • Orange Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted • Breakfast Syrup	1 Main Entrees • Double Chocolate Chip Muffin • Sliced Whole Grain Cinnamon Toast • Chocolate Chip Oatmeal Bar • Crackers, Graham, 2 Ct Fruit & Vegetable Bar • Chilled Peaches • Apple Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted	2 Main Entrees • Sausage Biscuit Sandwich • Cocoa Puffs Cereal • Honey Graham Crackers Fruit & Vegetable Bar • Sliced Banana • Grape Juice Milk & Condiments • Chocolate Skim Milk • 1% Lowfat Milk • Strawberry Skim Milk • Jelly, Assorted

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Main Entrees - Crispy Chicken Patty Sandwich On the Go - Chicken & Mozzarella Salad Sides for All Meals - Baked Crinkle Fries - Sliced Cucumbers - Fresh Carrot Sticks - Chilled Diced Pears - Fresh Red Delicious Apple Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk	Main Entrees - Herb Marinated & Roasted Chicken - Fresh Baked Whole Grain Biscuit On the Go - Ham and Cheese Sandwich Sides for All Meals - Corn on the Cob - BBQ Baked Beans - Chilled Peaches - Raisins Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk	Main Entrees - Toasty Cheese Sandwich On the Go - Popcorn Chicken Salad Sides for All Meals - Savory Green Beans - Fresh Carrot Sticks - Fresh Broccoli Florets - Fresh Banana - Chilled Diced Pears Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk	Main Entrees - Classic Cheese Pizza On the Go - Chicken Ranch Wrap Sides for All Meals - Baked Crinkle Fries - Sliced Cucumbers - Fresh Red Delicious Apple - Fresh Orange Wedges Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk
7	8	9	10	11
	Main Entrees - Classic Cheeseburger in Bun On the Go - Chicken Ranch Wrap Sides for All Meals - Baked Crinkle Fries - Fresh Carrot Sticks - Lettuce & Tomato Side Salad - Chilled Diced Pears - Fresh Red Delicious Apple Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk	Main Entrees - Chicken Patty - Whole Grain Dinner Roll On the Go - Ham and Cheese Sandwich Sides for All Meals - Mashed Potatoes - Sliced Cucumbers - Chilled Peaches - Fresh Orange Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk	Main Entrees - Beef Nachos On the Go - Chicken & Mozzarella Salad Sides for All Meals - Seasoned Corn - Salsa - Broccoli - Fresh Banana - Raisins Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk	Main Entrees - Classic Cheese Pizza On the Go - Ham, Cheese, and Lettuce Wrap Sides for All Meals - Baked Crinkle Fries - Sliced Cucumbers - Fresh Red Delicious Apple - Chilled Peaches Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk
14	15	16	17	18
Main Entrees - Italian Meat Spaghetti Sauce - Spaghetti On the Go - Ham, Cheese, and Lettuce Wrap Sides for All Meals - Seasoned Peas - Fresh Celery Sticks - Fresh Orange Wedges - Chilled Peaches Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk	Main Entrees - Crispy Chicken Patty Sandwich On the Go - Chicken & Mozzarella Salad Sides for All Meals - Baked Crinkle Fries - Sliced Cucumbers - Fresh Carrot Sticks - Chilled Diced Pears - Fresh Red Delicious Apple Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk	Main Entrees - Herb Marinated & Roasted Chicken - Fresh Baked Whole Grain Biscuit On the Go - Ham and Cheese Sandwich Sides for All Meals - BBQ Baked Beans - Corn on the Cob - Chilled Peaches - Fresh Orange Wedges Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk	Main Entrees - Chicken Nuggets - Macaroni and Cheese On the Go - Popcorn Chicken Salad Sides for All Meals - Savory Green Beans - Fresh Carrot Sticks - Fresh Broccoli Florets - Fresh Banana - Raisins Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk	Main Entrees - Classic Cheese Pizza On the Go - Chicken Ranch Wrap Sides for All Meals - Baked Crinkle Fries - Sliced Cucumbers - Fresh Red Delicious Apple - Chilled Diced Pears Milk & Condiments 1% Low-fat Milk - Chocolate Skim Milk

21 Main Entrees • Chicken Nachos On the Go • Chicken Caesar Salad • Whole Grain Dinner Roll Sides for All Meals • Seasoned Corn • Seasoned Refried Beans • Raisins • Fresh Red Delicious Apple Milk & Condiments • 1% Low-fat Milk • Chocolate Skim Milk	22 Main Entrees • Classic Cheeseburger in Bun On the Go • Chicken Ranch Wrap Sides for All Meals • Baked Crinkle Fries • Lettuce & Tomato Side Salad • Fresh Carrot Sticks • Chilled Diced Pears • Fresh Orange Milk & Condiments • 1% Low-fat Milk • Chocolate Skim Milk	23 Main Entrees • Chicken Patty • Whole Grain Dinner Roll On the Go • Ham and Cheese Sandwich Sides for All Meals • Mashed Potatoes • Sliced Cucumbers • Chilled Peaches • Fresh Red Delicious Apple Milk & Condiments • 1% Low-fat Milk • Chocolate Skim Milk	24 Main Entrees • Turkey Corn Dog • Macaroni and Cheese On the Go • Chicken & Mozzarella Salad Sides for All Meals • Fresh Carrot Sticks • Broccoli • Fresh Banana • Raisins Milk & Condiments • 1% Low-fat Milk • Chocolate Skim Milk	25 Main Entrees • Classic Cheese Pizza On the Go • Ham, Cheese, and Lettuce Wrap Sides for All Meals • Baked Crinkle Fries • Sliced Cucumbers • Fresh Red Delicious Apple • Chilled Diced Pears Milk & Condiments • 1% Low-fat Milk • Chocolate Skim Milk
28 Main Entrees • Beef Patty • Brown Gravy • Fresh Baked Whole Grain Biscuit On the Go • Ham, Cheese, and Lettuce Wrap Sides for All Meals • Mashed Potatoes • Broccoli • Fresh Orange Wedges Milk & Condiments • 1% Low-fat Milk • Chocolate Skim Milk	29 Main Entrees • Crispy Chicken Patty Sandwich On the Go • Chicken & Mozzarella Salad Sides for All Meals • Sliced Cucumbers • Fresh Carrot Sticks • Chilled Diced Pears Milk & Condiments • 1% Low-fat Milk • Chocolate Skim Milk	30 Main Entrees • Herb Marinated & Roasted Chicken • Fresh Baked Whole Grain Biscuit On the Go • Ham and Cheese Sandwich Sides for All Meals • Corn on the Cob • BBQ Baked Beans • Chilled Peaches Milk & Condiments • 1% Low-fat Milk • Chocolate Skim Milk	1 Main Entrees • Toasty Cheese Sandwich Sides for All Meals • Fresh Carrot Sticks • Fresh Broccoli Florets • Fresh Banana Milk & Condiments • 1% Low-fat Milk • Chocolate Skim Milk	2 Main Entrees • Classic Cheese Pizza Sides for All Meals • Baked Crinkle Fries • Sliced Cucumbers • Fresh Red Delicious Apple Milk & Condiments • 1% Low-fat Milk • Chocolate Skim Milk

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 9/9/2020.